



TRIANGLE CENTRE  
AOTEAROA • NEW ZEALAND

# Triangle Centre Newsletter

August 2008

Dear Friends

Here in the Southern Hemisphere it is in the winter cycle that we draw within and contemplate great thoughtforms like peace and global citizenship.

Each August the Triangle Centre Newsletter focuses upon peace emergent as we prepare to link with thousands of others celebrating the United Nations International Day of Peace on September 21st.

Our two guests, William Meader and Gita Brooke write of Peace.

William's contribution is about our inner landscape. Peace resulting from integration. In Gandhi's words 'we must become the change we wish to see in the world'.

Gita shares the vision of Operation Peace Through Unity which is to strive to establish areas of mutual agreement beyond all differences and embrace the highest point of group consensus as expressed symbolically in the beautiful peace statue called Handspan.

Positive peace is constantly nourished by co-operation, compassion, freedom, justice, honesty and goodwill. It lives in a spirit of empathy between human beings, no matter how disparate their cultures, nationalities or religions. It belongs in the realms of the heart and mind and as such is inclusive and recognises the interdependence of all things.

May Peace be with you

May Peace prevail on Earth

Your Triangle Centre Co-workers



## Higher Peace

### *The Soul's Evolutionary Urge*

**William Meader**

Peace emerges as the consciousness of humanity slowly evolves. This is because higher consciousness desires harmony, and it is the soul that directs this urge. By its nature, the soul supports the upliftment of humanity through peaceful means. Yet, the urge to find peace is something that the personality (lower self) yearns for as well, though its motives can be counter-evolutionary. Often the personality desires peace in order to free itself from the discomfort of conflict. However, true peace (which is higher peace) must be earned through conflict, not by avoiding it.

It is therefore important to differentiate the peace desired by the personality versus that of the soul. When the personality seeks peace, it often involves compromise. Because it wants to rid itself of the discomfort that accompanies conflict, it will seek the lowest common denominator between the parties involved. Then, from that position, it proclaims that peace has been achieved. However, this is not true peace. Instead, it is a lower form of peace and is conciliatory. Often what we think is peace is really appeasement in disguise.

Higher peace only occurs when a higher common denominator is found—a loftier point of agreement. This unifying point represents a higher possibility, and is not conciliatory. It aims both parties, or sides of a conflict, toward a greater potential, rather than stepping them down to a place of compromise. Lower peace involves unnecessary sacrifice leading to feelings of resignation. Higher peace arises from the conviction that there is an unseen solution that can uplift all who are involved. It is approached in the spirit of loving understanding, and with a genuine belief that, through constructive conflict, a higher resolution can be found.

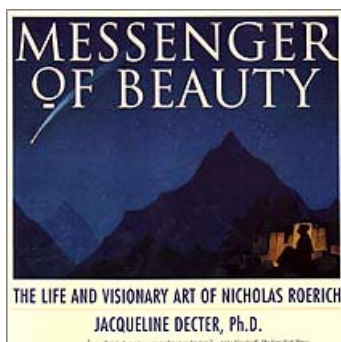
To be an agent of higher peace it is important to understand the root cause of human conflict. Through the process of introspection, a human being is able to recognize a lower and higher dimension of his/her consciousness. We sense the animal within, but we also sense a higher aspect of ourselves, and a greater potential that has yet to be developed and expressed. In this way we realize our duality—the soul and personality. We also discover that the soul and personality are frequently in conflict with each other. This inner battle is the matrix from which all outer conflict arises.

Whether we consider interpersonal, group or international strife, all forms of conflict (including war) are rooted in the fundamental conflict inherent in the human experience—the conflict between our god-self and our animal-self (soul and personality). Outer

conflict is merely a reflection of the struggle we experience deep within ourselves. We each sense a higher value system (soul) and the importance of striving toward it. Yet we also see how the power of the past, the power contained within our lower nature (personality), holds us back. We are therefore at war with ourselves.

Fortunately, this inner war eventually leads to inner peace. The evolution of consciousness entails the gradual infusion of the soul into the personality. As this happens, the personality slowly learns to yield to the soul's purpose and direction. When this process is complete, the two are totally fused and their conflict is fully resolved. This is the antidote to the conflict within each of us. The soul and personality must become one. The more soul-infusion within an individual, the greater is his/her ability to create higher peace. To be an advocate of higher peace, one must become a living demonstration of it.

Today millions of people seek a peace that can uplift the human spirit. Though humanity now faces crises unparalleled in our history, such people give assurance that a better world lies before us. History clearly shows that periods of human crisis are preludes to a higher way of living. As such, crisis need not be viewed with despair. Instead, it signals a transformational opportunity. Invariably, darkness is a forerunner to the dawning hour of higher peace.



**William Meader** is an international teacher of the Esoteric Philosophy. He will be in New Zealand in September of this year as well as in March 2009.

William will be giving public talks or workshops at the following venues in September 2008:

**Mapua** 10 September – talk

Email Julie Ewer on [julie@inhealth.co.nz](mailto:julie@inhealth.co.nz)

Phone or email Joy Breasley on (03) 545 0515 or [joyb@xtra.co.nz](mailto:joyb@xtra.co.nz)

**Kapiti Coast** 16 September – talk

Phone or email Heather Turner at (04) 902 1667 or [heatherturner@paradise.net.nz](mailto:heatherturner@paradise.net.nz)

**Auckland** Ponsonby 18 September – talk

Blockhouse Bay 19 September – workshop

Phone or email Hayley on (09) 816 8284 or [hsamuel@clear.net.nz](mailto:hsamuel@clear.net.nz)

For details, please see the calendar section of William's website:  
[www.meader.org](http://www.meader.org)

## Triangle Centre Books

Current price list of books & Roerich prints is available

### **Messenger of Beauty**

\$75\*

*The Life and Visionary Art of Nicholas Roerich*  
**Jacqueline Decter**

A celebration of the artist, mystic, and Nobel nominee Nicholas Roerich, whose life and work significantly influenced the development of modern art and culture.

### **Peace Banners**

\$70

plus \$6.50 package and postage

phone 04 902 1667

[information@trianglecentre.org.nz](mailto:information@trianglecentre.org.nz)

\*plus package and postage 1–2 books \$4.00;  
3 books \$5.50; 4+ books \$7.50; if the total  
value of the books is over \$120.00, postage is free



a Culture of Peace



And We are Opening the Gates – **Nicholas Roerich**

# Wanganui Peace Sculpture *Handspan*

**Gita Brooke**

Ever since the inception of Operation Peace through Unity (OPTU) in 1975, one of our main endeavours has been continuously to seek ways of helping to establish what we have called 'areas of mutual agreement beyond all differences'. By invoking, confirming and creating together, as a group, a point of unity before approaching the area of disagreement or conflict, we believe that an atmosphere of mutuality and inclusiveness can be created in which agreements and constructive solutions can be found which will benefit all.

We would like to think that the Wanganui peace sculpture *Handspan* could be seen as a visible and concrete expression of such a 'point of unity'.

When three independent judges had made their choice out of the many entries to OPTU's culture of peace sculpture competition, the result was announced at a multi-cultural celebration in the Wanganui Sarjeant Gallery. The souvenir programme offered OPTU's vision of a culture of peace:

*'When Humankind saw its earthly habitat from space, a new era was born.*

*Seeing the radiant blue sphere enfolding the earth and all that lives and evolves within and upon it must bring all sense of separation to an end.*

*Every single cry of despair or pain will be heard by all, and the victory of one will be celebrated by the many.*

*A new culture emerges bringing each and every one to its highest, most beautiful expression.*

*Humankind growing up, soul-infused, becoming what it was meant to be.'*

At the Dawn Blessing of the ground on which the sculpture was to be built (September 1999), we came together as a group. The ceremony was attended by the Mayor of Wanganui, the local MP and community members, and the blessings were given by John Niko Maihi, chairman, Te Runanga O Tupoho. Four school students representing different cultures said the Great Invocation.

OPTU shared the hope that this art work would 'become a visible symbol, an anchor point among an ever increasing number of other anchor points throughout our weary and troubled world, so burdened by hatred, violence and suffering; to help bring about a strong and vibrant culture of peace, rooted in the heart of the world's peoples, and on this very hill – the heart of our beautiful city of Wanganui'.

Throughout the step-by-step building of the sculpture's large structure and the gathering of thousands of hand casts to cover its walls there were many opportunities for practising ways of finding 'areas of mutual agreement', and on each occasion we were able to move onwards as a group united in a common intent.

On the 21st September 2002 – the first fixed International Day of Peace – the sculpture stood ready to be dedicated to a culture of peace and non-violence for the children of the world by the then NZ Governor-General Dame Silvia Cartwright, and to be formally handed over to the Wanganui Community.

Since then each International Day of Peace has been celebrated in Wanganui with a small group gathering at the sculpture to link with the International Peace Vigil at noon holding a moment of silence after the peal of the bells of all the Wanganui churches has subsided.

Room was intentionally left on the sculpture walls for further addition of hands in the future, and we are hoping that in 2009, the International Year of Reconciliation, we shall be able to make the first addition.





# International Day Of Peace

*Sunday September 21st*

Since 1981 when the United Nations General Assembly declared September 21st International Day of Peace, gatherings around Peace Poles, celebrations, and observances in many ways and across many different traditions, have blossomed all over the world.

On the day many gatherings around the world hold a minute of silence at 12 noon in their time zone, creating a 'peace wave' as it ripples around the globe.

In Aoteroa New Zealand, New Zealanders will also join together. Some with community activities and others by creating their own group celebration with friends and family. Some may join in a subjective way by taking part in a Peace Vigil.

We wish you a joyful International Day of Peace however it is that you celebrate it.



## Peace Happenings ...

### *Planting a Peace Pole in Paekakariki*

On International Peace day this year outside St Peter's Hall in Paekakariki's main street a Peace Pole, crafted by local artist and craftsperson Alan Weipihana, will be planted.

Paekakariki will become a link in a chain of over 250,000 Peace Poles world-wide.

Since the idea began in 1955, Peace Poles have been placed in some notable locations like the North Magnetic Pole, the Hiroshima Memorial Peace Park, the Egyptian pyramids site in Giza and United Nations, as well as numerous schools, universities, parks, churches and places of political and creative expression. The size and materials from which they are created varies but each displays the message 'May Peace Prevail on Earth', frequently in more than one language. The Paekakariki Peace Pole will be inscribed in both Maori and English.

The bringing to fruition of the idea has been a community partnership between the Paekakariki Community Board, Campe Estate Grant and the Triangle Centre.

The planting ceremony will be a community celebration, with Tangata Whenua, Kapiti Coast Mayor, Jenny Rowan, residents and school children all participating in symbolically grounding the principle of peace in the Heart of the Community.

*Please come and add your presence!*

**12 noon**

**Sunday September 21st**

**Outside St Peter's Hall**

**Beach Rd**

**Paekakariki**





Nigeria



Sarajevo



Meditation Garden, Vermont



Egyptian Pyramids, Giza



## Peace Foundation

The N.Z. Peace foundation will be convening activities throughout New Zealand. Please visit their wonderful website [www.peace.net.nz](http://www.peace.net.nz) for information in your area.

## International Day of Peace Vigil

A worldwide vigil over 24 hours.

Visit [www.intuition-in-service.org](http://www.intuition-in-service.org) and sign up for the times you would like to participate.

## Learn to meditate

**Free introductory lesson:** "If you can Breathe, you can Meditate!"

**6-week course:** Meditation techniques are offered including breathing meditation, mantra, seedthoughts, visualisation

*This course is not based on any one philosophy or religion, although methods and examples are drawn from several traditions and contemporary teachers.*

*This is a practical course useful in your daily life!*

**Where?** Thistle Hall Community Venue  
(Meeting Room on the ground floor)  
Corner Cuba & Arthur Streets  
Wellington

**When?** 6.00pm to 7.30pm  
Tuesday 19 August for free introductory lesson.  
And every following Tuesday for 6-week course.



**Contact:** Barbara Maré  
Ph. 021 188 6118  
[whitestone3@gmail.com](mailto:whitestone3@gmail.com)

*Goodwill lights up the hearts  
of all it touches*



#### REMINDER

Three months ago, in accordance with the Unsolicited Mail Act and to reduce unnecessary carbon footprinting, we asked those who receive this newsletter by postal mail to confirm that they still wished to subscribe.

If you have **NOT** replied 'with a yes', please do so now. If we **DO NOT** hear from you we will assume that you no longer wish to be on the mailing list. Thank you.



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