



“Positive creativeness is the fundamental quality of the human spirit.”

Nicholas Roerich

TRIANGLE CENTRE AOTEAROA  NEW ZEALAND

December - Summer '09

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Walkers on the Wanganui to Wellington Peace and Reconciliation March arrive at Kapiti, 21-29 September, 2009.



NZ Photos: Dori McCormick



Christmas edition

Greetings friends and co-workers, as we celebrate and enter into the Christmas Rhythm. The theme of this newsletter is 'Pilgrimage'. As Sagittarius steps into Capricorn, we are reminded of the seeker pacing the mountain route with clear purpose, up-lifted vision, sure footed.

'In religion and spirituality; any long journey, especially one undertaken as a quest, a search of great moral significance, so as to pay homage, or a journey to a shrine or place of importance to a person's beliefs and faith.'

en.wikipedia.org/wiki/pilgrimage

In our September newsletter, we journeyed with a Peace pilgrimage; the World Peace March, commencing in New Zealand, and walking on inward as you read this, through USA and Canada. In our newsletter this month, we share other contemporary journeys, and wish you all the blessings that accompany Christ-mass, family celebrations, or simply the pilgrimage of coming to stillness, in the rhythms of seasonal shift and the closing year.

We wish you and your families a joyful New Year for 2010 and hope to join many of you in meditative initiatives.



Walkers in USA on the Peace March, 2 Dec, 2009.

USA Photo: Lara Izaguirre

Peace-walkers...

Seven Peace Marchers arrived footsore in Paekakariki to a very warm welcome from Kapiti Coasters and Triangle Centre co-workers on the Whanganui to Wellington link of the World March for Peace and Non-violence beginning the 2nd of October. Whilst with us, stories were shared and lives connected in deep friendship around International Day of Peace and the 24 hour Peace Vigil organised by Intuition-in-Service - see <http://www.intuition-in-service.org/> The pilgrimage was initiated by Operation Peace through Unity and supported by many groups in Waikanae, Paraparaumu and Paekakariki. *contd. pg 4* - see <http://www.peacethroughunity.info/>



Triangle News is produced three times annually by The Triangle Centre, PO Box 25 Paekakariki 5285 Please forward or print and distribute this newsletter to others in your community, to support and network individuals and groups inspired by the one work.



Kangchenjunga early in the morning, from Chouda Pheri, Sikkim



Letter from America

Dear friends,

I have just finished reading an amazing book by Ian Baker, 'The Heart of the World : A Journey to the Last Secret Place'. It tells the story of the author's numerous expeditions into a remote region of Tibet, the Tsangpo Gorge, searching for evidence of a legendary waterfall. The Gorge area is renowned in Tibetan Buddhism as a beyul, a landscape where keys have been left by Padmasambhava to enable the seeker who is of pure heart to enter into a hidden or esoteric realm. While 'ordinary beings will see only earth and rock' the most fortunate 'will see Padmasambhava and the deities directly'.

"On a fundamental level, the world conforms to our inner vision, just as chemicals that bind with certain receptors in the brain alter how we see. Pilgrimage, in this sense, becomes a journey from ordinary perception into full consciousness of our interpretive role in determining reality..."

'The Heart of the World', Ian Baker

This book has helped me to realize that the esotericist, of any spiritual tradition, undertakes training to enter into hidden levels of being, changing 'our inner vision' and our identity so that we can see more clearly. Development of the imagination is an important part of the training because it opens the door into intuition or direct knowledge. The esoteric path leads us into an ever more hidden and secret sense of who I am. In so many subtle ways, 'I' begins to fuse with the Whole, and the outer is experienced as a reflection of inner, esoteric processes.

Darjeeling

All of this has become increasingly real to me in the past few weeks. During the period of the Scorpio full moon Barbara and I hosted (for the second year) a small gathering in Darjeeling for friends of the Alice Bailey and Agni Yoga teachings. The idea behind a group gathering in the aura of the Darjeeling planetary centre is that members might grow in their shared ability to see the world from the perspective of a Darjeeling that is 'more than' the people, animals, plants, earth and rock of this most beautiful region looking out onto the third highest mountain in the world, the sacred Mount Kanchenjunga. In another version of what for the Tibetans is the tradition of the beyul, we hold in mind the essential Presence behind the towns of Darjeeling and Kalimpong and the overshadowing physical presence of Kanchenjunga. Our goal is not so much for the group to see into the 'Pure Lands' of the Deities and Great Ones. Rather for the group to 'see' the needs of humanity at this critical time of transformation in the light of the inner ashram – changing our perception of what is happening in the world and imaginatively seeing the great issues of the day as they might be seen by the Great Ones. Doing this work in Darjeeling and Kalimpong is important because our inner sight is conditioned by the potency of the beyul – there is a sense of the closeness of the ashram of deities and Great Ones, as if they are just beyond a hidden doorway. DK refers to Darjeeling as the most subjective of five planetary inlets for hierarchical energy and this is very much in the group mind when we meditate together for world service, imagining the radiation of light, love and purpose that pours ceaselessly through the world esoteric group.

The makeup of the Darjeeling group this year was interesting: 2 Australians; 2 from US; 1 Italian; 1 Indian (living in the Czech Republic); and 4 Israelis from Jerusalem. Themes for meditation and reflection included:

- Earth Stewardship (particular focus on the human – animal relationship)
- the Coming One
- Darjeeling/five planetary centres
- Goodwill, Will, Shamballa energy.

It was a profound experience for all of us to be led in a reflection on the Jewish mystical text, the Zohar, exploring the universal themes of the texts and its relationship with principles of the Agni Yoga and Bailey teachings. This deepened our experience of the many faces of the World Esoteric Group.



Visiting the animal shelter in Kalimpong.

Our time together for meditation and reflection was balanced with visits to several service projects in the area, including the animal shelters in Kalimpong and Darjeeling, the Gandhi Ashram School for the poorest children in Kalimpong, the Tibetan Refugee Self Help Centre, and the Manjushri Centre for Tibetan Culture. We were especially privileged to hold our meetings at Crookety House in Kalimpong (the former home of Helena Roerich), now the base for the Himalayan Institute for Goodwill and Living Ethics, and at the Darjeeling Goodwill Centre. *contd. pg 3*



Comments from the group:

“Returning to classic meditations grounded in the Bailey teachings clarifies and strengthens the core of who I am.”

“The Animal Shelters put goodwill so simply in it’s place, cutting through and grounding very high energies in such a simple way”.

“Coming from a deep focus in Jewish mysticism, now I know I can find my place in something so wide and universal.”

“ ‘Goodwill’ summarizes this gathering for me – there is a sense of some deep and basic relationship in manifestation linking the highest and the lowest which has been profound.”



“The difference between the Kalimpong (feminine) and Darjeeling (masculine) experiences of the first ray has been especially clear and this has transformed my understanding of the first ray.”

“My experience has been of a strengthening of the antahkarana – for years I have explored a more mystical approach, now the conflicts I saw between the mystical and the esoteric have been bridged.”

“My basic nature is universal, but in the past I entered deeply into specific traditions and the ‘priests’ of those traditions did not see the universal.”

United Nations as Beyul

I guess it must have been a combination of the fact that the day after I arrived back in US from India was the day of the Spiritual Caucus gathering at the UN (Spiritual Caucus participants sit together for 30 minutes of silence in UN Conference Rooms and 30 minutes of discussion that flows out of this silence), and that Ian Baker’s book was still very much in my mind.

But whatever the reason, sitting in this silent circle, I began to think of the United Nation headquarters as if it were a beyul – a place of entry into the hidden worlds of the imagination where the evolution of consciousness is seen in the light of avatars and Great Ones on the inner side of life. Kanchenjunga and the energies pouring through Darjeeling planetary centre, as well as the other four centres, seem to sit ‘inside’ the General Assembly hall.

I have always ‘felt’ this esoteric presence in the grounds of the UN, and it suddenly clicked that the building itself can be approached in this light, as a visionary gateway into the meaning of our time. Just think about the memories held within the conference rooms and offices of the UN – memories of human experiments in mutuality and harmonizing the actions of nations for the common good juxtaposed against countervailing forces seeking to inhibit and disrupt multilateral actions for the good of the whole.

As the seeker enters into each increasingly hidden level of reality of a beyul, he or she is changed by what is seen – changed by the altitude (or ‘inner-tude’) of the perspective. At UN headquarters if you sit quietly it is possible to hear the breath of the one humanity and to feel the pressure of the principle of synthesis as it impacts on consciousness.

“This is Love as the great Fire envisaged by Teilhard de Chardin and so many of the pioneering esotericists of our age.”

Copenhagen

And so it is that we can see the Climate Change conference due to open next week in Copenhagen as part of a great ritual in human affairs. As a species we are in process of choosing to change our relationship with the earth. This act of choice and the process of transformation in economics, law, religion, psychology and every other field of thought and action reflect a collective initiation. Each one of us is intimately involved. The way we see the world and ourselves, and the choices we make in response to our emerging vision represent the driving forces, the dynamic electric energies, fueling the transformation. The personal is political just as the local is global. There is no escaping this collective initiation that lies at the heart of the happenings of our time.

When we think of Copenhagen, just as when we think of the legislative debates about climate change in our own country whether it is New Zealand or USA, it is vital that we look into the secret, hidden essence of what these debates represent. Can we see, in the imagery of the Cycles of Conferences visualization, seeds of will energy, taking root in the heart of the thought form under construction on earth stewardship. And can we see this happening in and through all of the negotiations, behind the scenes discussions, people’s conferences and events that will be the Copenhagen Climate Change Conference? The happenings of the time are indeed ‘soul-sized’. As we ponder their meaning we can expect to find ourselves led into an encounter with our own soul. And that encounter will ultimately lead us forward in the path of usefulness and service.

Have a great Christmas down under.
Steve Nation

References: Ian Baker, *The Heart of the World : A Journey to the Last Secret Place*. New York, Penguin, 2004 www.lucistrust.org/cycle/en.cop15.dk/



Photo: Joel Ford



The march through central Paraparaumu, Kapiti.



Photo: Lara Izaguirre



Marchers at Lincoln Memorial, Washinton DC, 2.12.2009

Peace-pilgrimage quotes

"It's about your future more than anything else," **Stuart Crosby**

"I want people to understand the strength of unity in the name of peace. People think 'what can I do?' ...but for peace to work each single person is important."

Petra Klein - International peace promoter

"It is very good to be part of this small but important part of the world march."

Simon Bridges

The Probationary Path corresponds to the latter period of gestation, to the building in the heart of the babe in Christ. At the first initiation this babe starts on the pilgrimage of the Path...

Alice Bailey - Initiation, Human and Solar - Preparation for Initiation Chapter VII pg 64

Humanity has always seen the need for moving, walking and marching in groups, if one thinks back to the ancient trackways – there must a subtle and possibly nourishing effect on the earth that this has.

Sue Everitt, Sundial House

*Dear Friends,
We offer this wonderful letter written by Foster Bailey to commemorate the passing of Alice A. Bailey exactly sixty years ago today. Our lives have been tremendously enriched by their great collaboration resulting in the 24 Books of Esoteric Philosophy and Wisdom we know as the "Blue Books".*

Dear Friend,
This letter brings you word of the ending of one cycle and the opening of another more useful and less restricted cycle for your true friend and mine, Alice A. Bailey. She was released, peacefully and happily, Thursday afternoon December 15th, 1949. As we talked together that last afternoon she said, "I have much to be thankful for. I have had a rich and full life. So many people all over the world have been so kind to me." For a long, long time she had wanted to go and had been held only by her strong will to finish her job and by her ardent desire to complete those arrangements for the future of the Arcane School which would best help you and me to be better servers of our fellowmen. She had fashioned and moulded the pattern of our School through the years with the precision of her keen mind and filled it with the magnetic potency of her own great long-suffering heart. Some have asked why she should have had to suffer-for she did suffer mentally and emotionally as well as physically. I alone know how triumphantly she opened herself to receive the impact of many types of destructive forces so rampant in this time of world turmoil and how amazingly she transmuted them, thus safeguarding all those hard pressed, struggling aspirants and younger disciples who have come to her and to her School through the years. By far the greater part of her life work has always been subjective. We have seen the outer effects, watched the outer comings and goings, helped her and loved her, sometimes

criticized, sometimes complained, but always gone on, with her and because of her, yet a little higher and a little



Alice Bailey

better than would otherwise have been the case. We are all very human and she was very human too. Why did she suffer? Because her chosen path is on the line of the World Saviours. She has gone back to her own Master K. H. for yet more daring work with Him for the Christ. She asks us to keep the Arcane School bright and shining as it is now, to keep it filled with the saving power of a world-wide gathering of loving hearts, which it is, and to see to it that we truly serve.

Sincerely yours,
FOSTER BAILEY, New York
December 16, 1949

Bookshop special

The development of the intellect, while necessary, is a means to an end. The intellect should become a means of penetrating into new dimensions of thought and consciousness, and of awakening the intuitive faculty of "pure reason". Through occult meditation the gap is bridged between the threefold mind and the intuition.



'From Intellect to Intuition'

Softcover \$25.00 including postage

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WEEK OF FORGIVENESS 31 January - 6 February 2010

Forgiving is a bliss, it comes from the heart.

Dear Friend and co-worker.

Time does not stand still; hence it is appropriate to start preparing now for the twentieth Forgiveness Week in 2010. As well as welcoming back our co-workers of many years this message is to welcome those of you who will embark on this voyage of self-discovery and global endeavour for the first time. Have you noticed that the atmosphere today is more favourable to forgiving than it used to be? It is your contribution sending the vibration of Forgiveness; it is catching but the World still needs a lot of doing, a lot of forgiving.

With all the cruel and destructive events at present so vivid on our world scene, the practice of forgiving has an important place particularly if combined with compassion, and especially when such events are considered in context with karmic consequences.

Child and adult psychiatrist Gerald Jampolsky stated in his book "Love is Letting Go of Fear" :

"Forgiveness is the bridge to compassion, to inner peace, and to a peaceful world. It is my hope that forgiveness becomes as important, as involuntary to us as breathing. It is the key to happiness. Inner peace can be reached only when we practice forgiveness; it is the means for correcting misconceptions. "

Sound and wonderful advice, but once again the emphasis lies on "doing, not talking". As we know only too well through experience, peace of mind is not easily achieved; it is like a precious gem, valuable and to be cherished. Forgiveness is very close to meditation. In meditation you give yourself to others; you forgive easily by annihilating the thought that somebody's remark has hurt you. If you feel uneasy because you might have hurt someone without knowing that your word was hurting, forgive yourself, send Love instead.

- Jan 31 Forgive living members of your family
- Feb 1 Forgive friends and fellow-students
- Feb 2 Forgive associates in your work situation
- Feb 3 Forgive across local and international political lines
- Feb 4 Forgive across religious, ideological and racial lines
- Feb 5 Forgive deceased persons in any of the above categories
- Feb 6 Have you been able unconditionally to give yourself to others by absolving them and so "Forgiving" yourself?



"Meditation is one of the greatest arts in life – perhaps The Greatest and one cannot learn it from anybody.

It has no one technique and therefore no Authority. You learn about yourself, watch yourself: how you eat, what you say, what you think, you are aware of all in yourself. That's part of meditation"

Krishnamurti

During Forgiveness Week we follow an outline for the daily meditation with a specific area for forgiving on each day, *as above*, so as to fortify the global massed intent. Available from the Triangle Centre is an attachment that also includes suggestions for your preparation for the Week which have proved to be helpful in starting each day's work undelayed and with clarity of purpose. You are free to make alterations to suit your particular focus and need.
information@trianglecentre.org.nz



Thoughts on Forgiveness

*We learn about Cosmic Synthesis
 We dream about Unity of human kind
 We are proud of Individual Integration
 We know that the Soul of People is One
 But we also know that around us
 are still standing
 Walls of sorrow, separation and
 resentment
 Hard to bring down
 Only achievable if we give ourselves for
 the dream of Unity
 and one to each other forgive.*

Sonya

*I believe that mystical is less different,
 less separated from the rational than
 one says, but I also believe that the
 whole problem which the world,
 and we in particular, are presently facing,
 is problem of faith and forgiveness.*

Pierre Teilhard de Chardin

Forgiveness is a call to all who are prepared to expend the needed effort, who have the determination, and above all the GOODWILL, to PRACTICE forgiveness, practice it daily, generously, respectfully and with understanding in one's own immediate surroundings thereby subtly stimulating others to like action. Sincere thanks for your participation -

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 Service activities:
 Weekly Study group and meditation
 Full Moon meditation



MOON CHART 2010

Festival Meditation Meetings in Paekakariki and Wellington

The Triangle Centre invites you to participate in Meditation meetings for world service, held at the Triangle Centre, 124 Wellington Road, Paekakariki and Turnbull House, Bowen Street, Wellington at 7.30 pm. Wherever possible meetings are held in the 18 hours prior to the full moon –therefore, some meetings are held on the day before the full moon. The full moon marks the time each month when the impact of the divine energies of Light, Love and Power are at their peak and can be registered as a group and radiated into human consciousness.

SIGN	MEETING DATE + ACTUAL FM TIME	KEYNOTE
Capricorn	Thursday 31 st December (FM 1 st JAN 8.14 am)	Lost am I in light supernal, yet on that light I turn my back.
Aquarius	Saturday 30 th January (FM 30 th JAN 7.19 pm)	Water of Life am I, poured forth for thirsty men.
Pisces	Sunday 28 th February (FM 1 st MARCH 5.40 am)	I leave the Father's home and turning back, I save.
Aries	Tuesday 30 th March (FM 30 th MARCH 3.28 pm)	I come forth and from the plane of mind, I rule.
Taurus	Wednesday 28 th April (FM 29 th APRIL 12.21 am)	I see and when the Eye is opened, all is light.
Gemini	Thursday 27 th May (FM 28 th MAY 11.09 am)	I recognize my other self and in the waning of that self, I grow and glow.
Cancer	Thursday 26 th June (FM 26 th JUNE 11.32 pm)	I build a lighted house and therein dwell.
Leo	Sunday 25 th July (FM 26 th JULY 1.38 pm)	I am That and That am I.
Virgo	Tuesday 24 th August (FM 25 th AUG 5.06 am)	I am the mother and the child. I God, I matter am.
Libra	Thursday 23 rd September (FM 23 rd SEPT 9.19 pm)	I choose the way which leads between the two great lines of force.
Scorpio	Saturday 23 rd October (FM 23 rd OCT 2.38 pm)	Warrior I am and from the battle I emerge triumphant.
Sagittarius	Sunday 21 st November (FM 22 nd NOV 6.28 am)	I see the goal. I reach that goal and then I see another.
Capricorn	Monday 20 th December (FM 21 st DEC 8.14 am)	Lost am I in light supernal, yet on that light I turn my back.

We can send details of groups holding a meditation focus in Auckland, Tuakau, Nelson, and Christchurch.

All enquiries: Paekakariki: 04 902 1667 / 04 905 7232

Wellington: 04 389 7706 / 027 490 6428

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Senso-ji Temple pilgrimage

In November, this year, I travelled to Japan with a friend, visiting the ancient city of Kyoto, then the total contrast of modern Tokyo. Curiosity and excitement were travelling companions on the shinkansen (bullet train); Tokyo is named in the perennial philosophy as one of the 'world chakras', and a potent expression for humanities' world energies. Tokyo is often 'lost in translation', for those unprepared for a city exceeding 12 million people, 2 million of them commuting in and out of the worlds most populous metropolitan area, actually an amalgam of 23 cities, that never sleeps! Neon and gloss, high-rise and conspicuous consumerism... contradiction....I expected.

So I did my prep, choosing to stay in the authentic Ryokan 'Kamogawa' (family owned Inn) in Asakusa, the older Tokyo, with easy Metro access and green parks near-by, (friendlier to space-loving Kiwi tourists).

It is Autumn, and after a previous visit in spring, I had a hankering for those small exquisite Japanese rice cakes/sweets, that so aesthetically express the seasons, photographing red and orange flaming maples, 'arigato' politeness and glimpsing kimono of the floating world.

On arrival in Asakusa, we were delighted at the 2nd November Scorpio Full Moon synchronicity - we were within the aura of the Senso-ji Temple, dedicated to the Kannon, Bodhisattva of Compassion, for joining in global group meditation. Staying so close to this precinct was especially rewarding early-morning, rising with the monks, locals (and numerous small dogs), attending meditation in the grand hall, visiting individual shrines before the temple stalls thronged with hundreds of Japanese and international tourists. Spirituality is visibly integrated into daily life here; it was quite usual to see school children and businessmen offering prayers and coins to many Buddha, en route to school or work.



We loved the quirky, relaxed streets here, sensually soaking a temple precinct that is the oldest spiritual expression of Tokyo (1400 years), very much a still breathing centre to the city, and welcoming to visitors.

So, we only spent 1 day of our 3 day visit, far from the smile of the Kannon of Compassion, venturing to Rippongi for some "night bright lights", a visit to the Sumo museum and a Sumida river-boat tour, then gratefully returning to our friendly Ryokan in the temple precinct, humbled and blessed. *Barb Gibb*



History and Origin of Senso-ji

Early in the morning of March 18, 628, when the capital of Japan was Asuka (present-day Nara Prefecture), two fishermen, Hinokuma Hamanari and his brother Takenari, were fishing in the Sumida River. Suddenly sensing something, they pulled up their net to find a statue of Bodhisattva Kannon.



During the Kamakura period (1192-1333), the shoguns, who held the true power in Japan during this time, demonstrated great devotion to Senso-ji. During the Edo period (1603-1867), the first Edo shogun Tokugawa Ieyasu deemed Senso-ji the temple where prayers for the aspirations of the shogunate would be offered, the buildings were imbued with still greater dignity, and the temple complex flourished as the center of Edo (present-day Tokyo) culture.

Senso-ji is Tokyo's oldest temple. Known affectionately to people all over Japan as the temple of the Asakusa Kannon, it draws some 30 million visitors every year, remaining an important center of worship.



The Triangle Centre, PO Box 25, Paekakariki 5258, New Zealand. www.trianglecentre.org.nz

Charter of Compassion

A Charter of Compassion has recently been written by 18 religious and spiritual leaders, coordinated by author Karen Armstrong, and is endorsed by the World Council of Religious Leaders and the U.N. Alliance of Civilizations, along with the Dalai Lama, Bishop Tutu and many celebrities and others. All hope that this energy will engage the general religious, spiritual and ethical public and their leaders in demanding compassionate words, instead of divisive ones, and to promote tolerance. It isn't just a feel-good affirmation, the writers say, but is intended to engage the public in a movement to redirect public religious communication away from the inflammatory energy of hate, ill will, denigration and harmfulness with an insistence that religious and spiritual leaders speak with compassion, to express goodwill toward whomever they see as opponents, enemies or on an opposite side to their own.

The four-paragraph document concludes,

"We urgently need to make compassion a clear, luminous and dynamic force in our polarized world. Rooted in a principled determination to transcend selfishness, compassion can break down political, dogmatic, ideological and religious boundaries. Born of our deep interdependence, compassion is essential to human relationships and to a fulfilled humanity. It is the path to enlightenment and indispensable to the creation of a just economy and a peaceful global community."

charterofcompassion.com

"Today we are faced with a challenge that calls for a shift in our thinking, so that humanity stops threatening its life-support system. We are called to assist the earth to heal her wounds and in the process heal our own—indeed, to embrace the whole creation in all its diversity, beauty and wonder."

Wangari Maathai



Unity, justice and right relations between all peoples can only be achieved by the united action of the men and women of goodwill.